

THE SPOKESWOMAN
AAUW DAVIS NEWSLETTER
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January 2020

THE 10th: Op Ed by Juliana

UNIVERSAL DECLARATION OF HUMAN RIGHTS DAY

The program of the reading of the Declaration of Human Rights took place at I House. Although several of us had previously attended the readings, we felt the fellowship of attendees hearing the United Nations agreed upon human rights said aloud. I was able to put each right in context of current events and from the perspective of several readers who shared personal experiences.

I am grateful to Verena Borton for assembling that program once again. Other AAUW readers were Solmaz, Laleh, and Stephanie.

COMING UP:

This Saturday, the 4th, meet at the Three Ladies café on G Street (across from Paisanos) between 9:00 and 9:30 am for conversation and book club discussion. Our book was *Beloved* by Toni Morrison.

This Tuesday, the 7th, there is a board meeting at 6:30 pm in the small conference room at the 14th St library. Any member is welcome.

By Friday, the 10th, students planning on attending the IBC PLATES luncheon on

AAUW Funds Luncheon

Please join us for the annual
**Capitol Counties
Interbranch Luncheon**

Saturday, January 25, 2020

11:00 AM to 2:00 PM

Plates Café and Catering

14 Business Park Way Sacramento

\$35



Briana Lizarraga



Karenjeet
Dosanjh

Our speakers are: **Briana Marela Lizarraga** is an electronic musician and sound artist focusing on live performance using music technology. She is working toward her Masters of Fine Arts degree with goals to someday teach and inspire other women of color to enter this traditionally male-dominated field.

Through completion of her law degree, **Karen Dosanjh** plans to focus her efforts on empowering, educating and assisting women of all ages in vulnerable or abusive relationships and marriages with no support and limited resources. Her goal is to extend her legal assistance to specific agencies that assist victims of domestic violence, sexual assault and human trafficking within the Asian community.

The venue is Plates Café and Catering—An employment learning program for formerly homeless mothers with children, Plates provides women with a unique opportunity to learn valuable skills. Upon completion of the Plates program, graduates are qualified for positions in the culinary, retail and/or hospitality industries. Plates helps place graduates into careers in these industries.

January 25 should reply to Estelle or Juliana with food choices and confirmation, so we can pay for your lunch by the 17th. Estelle: estelle.shiroma@gmail.com Juliana: carwells@thegrid.net.

All others planning to attend should send in their confirmation form to Shirley Zeff **by the 17th** as noted on the flyer. This is usually a “good feeling” affair and a chance to mingle with other branch members.

Silent Auction items will be offered for bid. If you can donate toward that small money raiser, please notify Shahla:

farahnak@sbcglobal.net or Juliana. The luncheon is on **Saturday, the 25th** in Sacramento.

Complete and Mail with \$35 by Jan. 17, 2020

Name _____ Branch _____

Phone _____ e-mail _____

Please indicate one Menu Choice:

- A. Herb Roasted Chicken
B. Lasagna with Meat Sauce
C. Vegetarian Lasagna

All meals include spinach strawberry salad, drink, bread and dessert.

Make checks payable to **AAUW Interbranch Council**

Send to: Shirley Zeff, P.O. Box 820, Chicago Park, CA 95712

On the 18th, Saturday, we will meet for Celebrate the 19th at Three Ladies Café at 9:00am. We talk and share stories.

On the 28th, Tuesday, we have the STEM PANEL at DaVinci Charter Academy on East 8th Street from 6:30-8:30pm. Professional women will speak about their careers to girls in grades 7-12. Can you help serve cocoa and cookies? Please contact Leslie: leslifayrubin@gmail.com

TECH TREK INTERVIEWS

Interviews for Tech Trek summer camp at UCD will take place inmidMarch. Want to help with interviewing the students? Please email Gail: gejohnson08@comcast.net

REPORT FOR DECEMBER 14th

We gathered at Estelle's with food and drink potluck. After enjoying food and conversation, we started the program for the evening. President Shahla welcomed us and noted that we could still buy raffle tickets until the drawing. Estelle then introduced our speakers, Jan Justin and Jay Cortez, both members of the board of **Make It Happen**, a program to help transition foster children aging out of Foster Care.

Make It Happen is a 501c3 non-profit since 2014. The organization gives support to children from group homes until they reach 21. The volunteers help them find housing and then furniture and tableware.

Jan is a nurse practitioner at UCD Health. Jay is a law representative. They met each other through the CA Youth Connection. **Make It Happen** volunteers along with Guardian



Scholars to help with mentoring, filling out forms, and getting school supplies for college. All referrals are vetted, and on move- in days, the young adults pick out items to furnish their apartments or rooms. 36 students were helped last year. The children are taught basic housekeeping skills as needed so that they may get their cleaning deposits refunded. Students are

referred through CASA, Big Brother, the Guardian Scholar, and are also taken to the Independent learning Program classes in Woodland.

The assisted children are asked only to pay it forward. The organization would be grateful for volunteers and donations. AAUW members present were asked to donate gift cards for Target and Walmart as our sponsored charity this holiday.

Attending members were Nan, Elaine, Laleh, Shahla, Estelle, Rhonda and Ken, Verena and Ray, Stephanie, Mary from Estelle's work, Trish, Solmaz, Juliana, and Student AAUW chapter VP Eva Wynn.

After thanking the speakers, there was a flurry of last-minute ticket purchases. Shahla drew the winning stubs: Ramona won the quilt crafted by Marti Abbott, and Solmaz won the scarf woven by Verena Borton. We thanked Estelle and Rich for their hospitality and arrangements for the speakers.


HEALING WISHES

We send healing wishes to Gail recuperating from neck surgery and to Ramona for hip surgery.

UPCOMING PROJECT

At the IBC Leadership Training event last November, a special project was advanced to help with menstrual taboos and to help eliminate school day absences. **Days For Girls** Voice your opinion or offerings to any board member: Shahla, Estelle, Rhonda, Gail, Verena, Stephanie, Marlene. See below.

**Help AAUW-CHAR:
DAYS FOR GIRLS Hygiene Kits**


Labor of Love

This project supports women in many places. Right now we are trying to fulfill a request from the United Nations High Commissioner for Refugees (UNHCR) Rwanda for 500 of these hygiene kits for the Rwanda refugee camp.

What we need:

⇒ **Money to build the kits**

Write check to AAUW/CHAR with Days For Girls in "for" space, and send to:

WRITE CHECK to:
AAUW CHAR
c/o Roberta Schmalz
4057 Albert Drive
El Dorado Hills, CA 95762

⇒ **Kit materials — donations in kind**

- Dark washcloths
- Hotel-sized soap
- 5/8" colored grosgrain ribbon
- Girls' 100% cotton undies (sizes 10, 12, 14, 16) (solid color, geometric, floral, no eyes, glam, or solid white) (brief, hipster, or bikini, no thong or boy shorts)
- 100% new cotton flannel and quilter's cotton (dark "stain-busting" colors, no eyes, no faces, no glam)
- Samsonite Tote A Ton duffle bags (Amazon.com)

DROP OFF POINT:
KAREN WILKES
5016 Brower Court
Granite Bay, CA 95746
bkwilkes@gmail.com

⇒ **Become a trainer to spread the word** – to teach other clubs at the AAUW California Convention on April 18, 2020. Attend this training so you can 'train the trainers' so that other California AAUW clubs can join in the effort.

DAYS FOR GIRLS TRAINING

- Tuesday, January 14 10:00 am - 2:00 pm at 2610 Sierra Meadows Drive, Rocklin
- Thursday, January 16 10:00 am - 2:00 pm at 1255 Bell Road, Auburn
- Saturday, January 18 10:00 am - 2:00 pm in Granite Bay, Carmichael, or Rocklin
- Saturday, January 25 10:00 am - 2:00 pm in Granite Bay, Carmichael, or Rocklin

RSVP to Karen Wilkes bkwilkes@gmail.com ASAP. Classes not filled will be cancelled

OK, you've heard about it — How will you help?

SAD NEWS

We send our sincere sympathy to Marti Abbott, who lost her husband, Mark, on Christmas Day.

CALENDAR

January 4: Book Club at Three Ladies Cafe

January 7: Board meeting

January 10: students turn in luncheon info

January 17: members attending luncheon mail in checks

January 18: Celebrate the 19th at Three Ladies Café

January 25: PLATES IBC Luncheon and silent auction

January 28: STEM Panel at DaVinci Charter Academy

February 8: United Nations Northern Branches meeting

Be as active as you wish, but stay a member. You count.